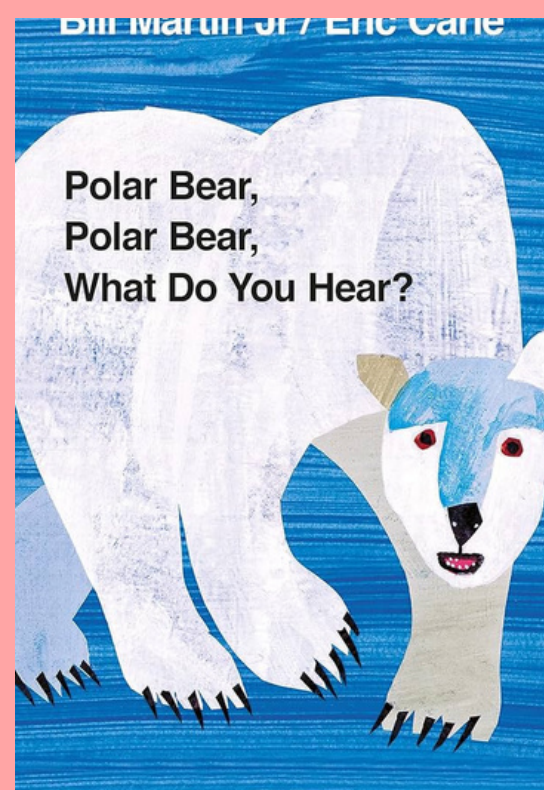
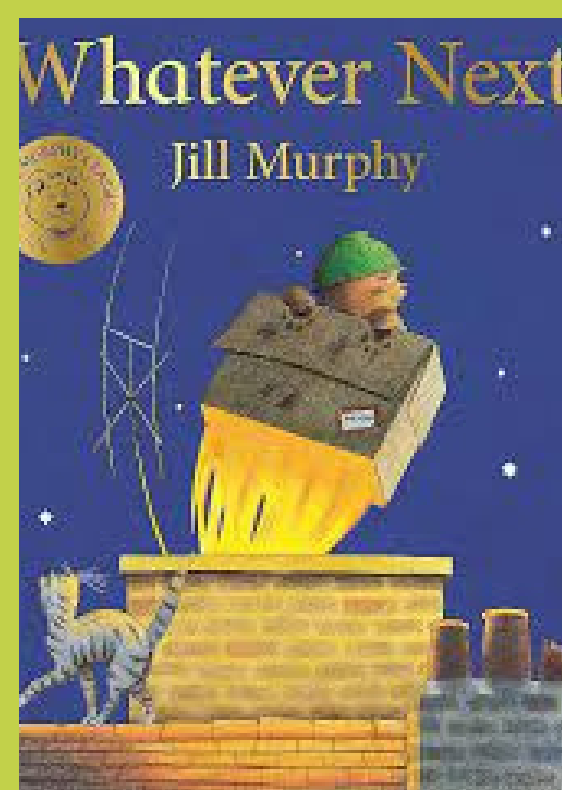


Rising 4s

Every Wednesday
2.30 - 3pm



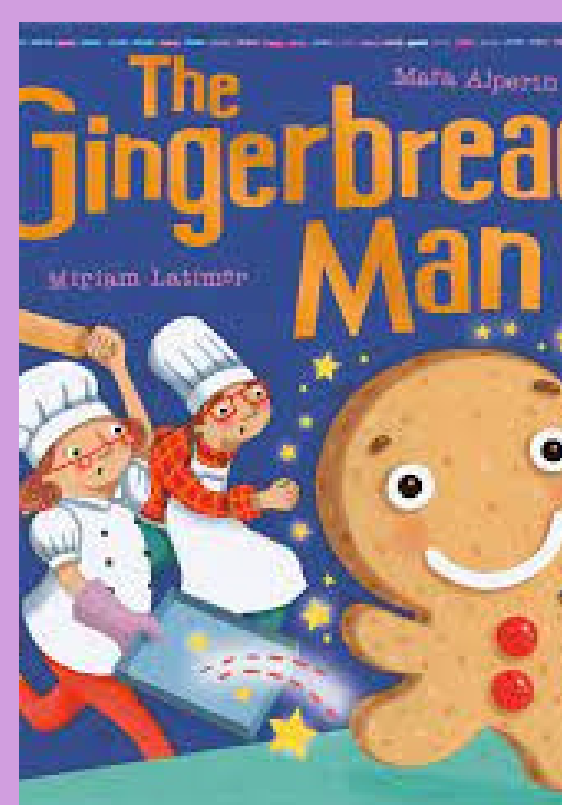
10TH
JAN



17TH
JAN



24TH
JAN



31ST
JAN



7TH
FEB